

October 2017 - Menus

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Grades 9-12 Breakfast

MENUS ARE SUBJECT TO CHANGE

	10-2 ★ Cinnamony Pancakes V ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-3 ★ Fiesta Bean & Cheese Burrito - V ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-4 ★ Hawaiian Cheesy Ham Slider ★ Fruit - S ★ Fruit Juice ★ Got Milk	10-5 ★ Crunchy Cereal with Yogurt - V ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-6 ★ Apple Stuffed Bagel Bar ★ Fruit- S ★ Fruit Juice ★ Got Milk
	10-9 ★ French Toast Trio V ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-10 ★ Breakfast Cheese Bagel - V ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-11 ★ Egg & Cheese Italiano Pocket- V ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-12 ★ Morning Beef Sausage Sandwich ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-13 ★ Manager's Choice ★ Fruit- S ★ Fruit Juice ★ Got Milk
-	10-16 ★ Cinnamony Pancakes V ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-17 ★ Fiesta Bean & Cheese Burrito - V ★ Fruit- \$ ★ Fruit Juice ★ Got Milk	10-18 ★ Hawaiian Cheesy Ham Slider ★ Fruit - \$ ★ Fruit Juice ★ Got Milk	10-19 ★ Crunchy Cereal with Yogurt - V ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-20 ★ Apple Stuffed Bagel Bar ★ Fruit- S ★ Fruit Juice ★ Got Milk
<u>-</u>	10-23 ★ French Toast Trio V ★ Fruit - S ★ Fruit Juice ★ Got Milk	10-24 ★ Breakfast Cheese Bagel – V ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-25 ★ Egg & Cheese Italiano Pocket- V ★ Fruit - S ★ Fruit Juice ★ Got Milk	10-26 ★ Morning Beef Sausage Sandwich ★ Fruit- \$ ★ Fruit Juice ★ Got Milk	10-27 ★ Café LA Coffee Cake - S, V ★ Fruit- S ★ Fruit Juice ★ Got Milk
	10-30 ★ Cinnamony Pancakes V ★ Fruit- S ★ Fruit Juice ★ Got Milk	10-31 ★ Fiesta Bean & Cheese Burrito - V ★ Fruit- S ★ Fruit Juice ★ Got Milk	All of the Grain/Bread items served are whole grain. Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free ★: For a reimbursable meal, pick at least 3 ★'s. One ★ must be a fruit S: Items with an (S) can be saved for later V: Vegetarian items		